



Connect with Respect



A multi-media pack



documenting 'The Nonviolent Communication and Urban Beats Film Project'

The pack consists of a handbook, a 25 minute film on DVD and a data CD containing the materials used in the project

Designed for

- teachers of any subject interested in bringing NVC to their students with the support of an NVC trainer
- NVC trainers interested in collaborating with a teacher or youth worker to bring NVC to young people

And those who want to

- see Nonviolent Communication (NVC) being conveyed in a multi-cultural, inner-city educational setting
- find out about different approaches and tools for teaching NVC, including one of 'The NVC Dance Floors'
- relate to young people in ways that build self esteem, increase cooperation and develop respect

The film was made collaboratively by students and teachers using a 'participatory video' approach. It offers a lively, real time, insider's eye to the ten weekly classroom sessions. The camera was an integral part of the project. The 60 page handbook is in three parts: '1. Background to the Project'; '2. Guide to the Film', to enable easy review of the film, and deeper understanding of the development of the sessions - includes a transcript and additional information about the sessions. '3. The Exercises', detailed information about activities in the project. The data CD contains the materials used in the exercises in a 'ready-to-print' form (in both A4 and US paper sizes). The project took place at New Vic College, east London, and was conceived, led and written up by music teacher Jane Wheeler, music producer Sparkii and NVC trainer Bridget Belgrave.



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